

Ted Block Acupuncture

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針灸

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Facial Rejuvenation or does Healthy
look YOUNGER ?

Facial rejuvenation is just one possible benefit of an acupuncture program. The basic theory why acupuncture can be so successful is when the body and mind are not in balance, it can show on the face. Pain is easy to see, so is worry, anger, grief, joy and contentment. The negative emotional states take a toll on us, our faces and our organs. Acupuncture can address both the emotional imbalance, and the physical imbalances which will eventually show on the face. On one level the patient is concerned with cosmetics. On another level the individual's entire body is moving to a balanced state.

The skin is associated with the lungs. When the lungs are stressed, it will often show on the skin. There are many specific areas on the face which correlate to specific organs in the body. When any of these organs is stressed, it will show on the face. An acupuncture treatment will address both the surface and the underlying causes to truly give the body and mind a chance to heal from the inside out, without the use of pharmacological assistance.

Often a program takes several treatments over a period of time. The results of decreased puffiness, under eye luggage and wrinkles are not by accident. Health is beautiful.

Recently the New York Times printed a very interesting article about this subject. It can be viewed at www.nytimes.com/2007/12/13/fashion/13SKIN.html?_r=1&oref=slogin.